### Snyder Ski School



# Mount Pleasant of Edinboro

#### The Mount Pleasant SnoCamp

Hello parents,

This year at Mount Pleasant we are offering an exciting one day ski or snowboard program. This SnoCamp will be an all-day event on Saturday, March 9th. The program will begin at 10 am and end at 5 pm. The day will be broken down into three sessions each focusing on different skills, such as racing, skiing health and jumping. In these three sessions, instructors will focus on teaching important aspects of hill safety, physical preparation and general improvement. The program will also include an hour of tubing and lunch. The lunch will consist of hot dogs, a drink, and a healthy snack. After each session, there will be a fifteen-minute warm-up break with a sports drink. The schedule for the day is as follows-

Drop off and meet- 9:30 to 10

First session- 10 to 11:30

-The First Session will be a personal ski/snowboard training. Instructors will work with students and individualize the lesson to improve their skills. We will also discuss how to stay healthy in the winter and how to maintain healthy ski/snowboard habits. Students will be joined by members of the Mount Pleasant Ski Patrol.

Second session- 11:45 to 1:15

-The second session will be an introduction to racing. Skiers and Snowboarders will both work on the basics of racing and then engage in friendly competition.

Lunch- 1:15 to 2

-Lunch will consist of hot dogs in the warming hut, a drink and a healthy snack.

Third session- 2-3:30

-The third session will be an introduction to jumping and tricks. Skiers and Snowboarders both work on the basics of jumping tricks and then engage in friendly competition.

Tubing- 3:45-5

-Instructors will tube with kids until they are picked up by their parents.

The cost of the program is \$85, which includes 4.5 hours of instruction, an all-day lift ticket, rentals, tubing and lunch.

If there are any questions, comments, or concerns, please contact me, Casey Brown, at the lodge, 734-1641.

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#### The Mount Pleasant SnoCamp Registration

Parent Name:Phone Number:			
Address:			
City:		State:	ZIP code
Ski	Age _		
Snowboard		<del></del>	My child can ride the Chair
Shoe Size	Height _	<del></del> -	independently!
I accept responsibility f	or the equipment listed or s care while in my possessi	this form in th	e the chair independently!  e conditions presented to me. I accept ponsible for replacement, at full retail
than reasonable wear, ware inherent and other fully accept those risks. employees from any and	hich results from the use risks involving skiing and s I will therefore release <i>I</i> all liability for damage ar	of the equipment snowboarding, fo Mount Pleasant o nd injury of any	p for loss or damage of any kind other t. I accept and understand that there or which this equipment is used, and I of Edinboro and its owners, agents, and kind that may result. I have made no eight, weight, age and skiing ability.
I, the undersigned, have	read and understood the te	erms of the above	e rental and release agreement.
Signature of participant	s leaal auardian	<del></del> ,	

Checks may be payable to Mount Pleasant of Edinboro